



*TIPS AND  
SUGGESTIONS TO  
PREVENT RACISM*

The vast majority of people would like to believe that they aren't racially biased. Perhaps they don't consciously disprove of other racial groups, and therefore, are under the impression that this makes it "impossible" to be prejudiced. However, reputable studies have shown that people naturally possess some form of prejudice toward others and are subconsciously likely to allow their bias to impact how they may treat or react to them.

Even the most well-intended, "rainbow" loving individual can unconsciously maintain racial biases. However, there are steps that can be taken to become more aware of those prejudices and even prevent perpetuating subtle or explicit racism.

- 1.) Do not minimize a person's experience with racial injustice because you are in denial about racism's existence. Regardless if you agree or not, respect a person's personal accounts of discrimination and definitely refrain from attempting to justify them.
  
- 2.) As a white person, do not suggest that you can directly relate to a person of color's oppression because you have been subjected to some form of prejudice. Your putative experiences with discrimination doesn't begin to compare to the systematic problem that was designed to subjugate people of color.
  
- 3.) Do not suggest that black or brown activism that's geared to address racial inequalities is actually a method to manifest racism by crippling the opposing group. (Black Lives Matter  $\neq$  Anti-white). Also, refrain from suggesting that their movement is a result of an exaggerated injustice.

- 4.) Do not instruct a black person to “get over” slavery. Believe it or not, the effects of slavery still exists today and are “camouflaged” by systematic inequities within criminal justice, economics, education, housing, voting, and other areas.
  
- 5.) Do not question why attention isn’t given to crimes where people of color kill or injure police officers, but is to crimes where police officers fatally shoot or injure an unarmed, non-threatening black or brown person. Often times, these officers aren’t held accountable for their crimes, typically maintain their jobs, and even get financial support from both the public and their police force. On the other hand, there is no need for public uproar when a person of color kills or harms an officer because the police department will dedicate all of their resources to capture that

assailant, and once he is caught he will be prosecuted and convicted to the maximum degree. See the difference?

- 6.) Do understand that white privilege doesn't mean that white people don't encounter challenges, have to work hard in life, or are automatically granted a life of ease and wealth. However, being white naturally prevents that racial group from enduring systematic oppression, which is the perk of white privilege.
  
- 7.) Understand that there is nothing wrong with loving your own race. No person should be ashamed of who they are because of the race that they were born into. However, as a white person who isn't racist, you must understand that it is imperative that you acknowledge the privileges that you were granted because of the actions of your ancestors. No you weren't apart

of their oppressive movements, but you are benefiting from them. Acknowledge that.

- 8.) As a white person, do not expect facts about white supremacy, systematic racism, white privilege, slavery, etc. to be deemphasized in a conversation to make you comfortable. If simply talking about it makes you perturbed, imagine what it must be like to actually experience it.
  
- 9.) Do not bring up black on black crime when confronted with other racially charged crimes. (i.e. White cops unmerited killings of black men and women) It is perceived as a method to distract attention from and devalue the racial injustice at hand. Black on black crime does exist, is a major issue in the black community, and needs to be addressed, but not in the midst of trying to address other racial violence.

10.) Do not be afraid to speak candidly about racism.

The beast will not just disappear because it wasn't designed to go away. Firstly, racism must be acknowledged, systematic racism must be highlighted, and discussions must be made to establish solutions to eradicate it.

11.) Claiming that "we are all one race; the human

race," minimizes the reality and seriousness of racial inequality. Unfortunately, in American society we are NOT all equal and we are NOT all valued the same. It is a fact that people of color are NOT granted the same liberties and advantages as white people in this country.

Therefore, respect these inauspicious facts and do your part as an individual to encourage societal progression towards racial equality.

Confront racism, prevent the perpetuation of discrimination, refrain from disseminating misinformation about black and brown society and culture, and stand up to racists by refusing to

accept or condone their prejudices. Pretending that we are all one big happy family simply won't fix the racial beast that has plagued American culture for the past 400 years.

- 12.) Do not encourage interracial breeding in an attempt to eradicate racism. That is RACISM! Eliminating the black and white races is not the solution to extirpate racial inequalities. Changing the current policies and laws, and making them so that they truly rectify racial inequities can begin to eliminate racism. Removing racial biases and letting go of the supremacist ideology that one race is superior to another can begin to eradicate racism. However, "deleting" the black and white races simply won't do it and to even suggest it is racist.
  
- 13.) Do not assume that there aren't any biracial racists. There are plenty of biracial people that



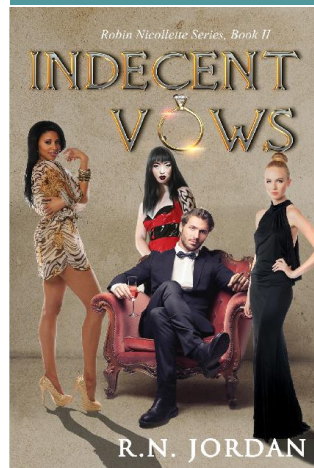
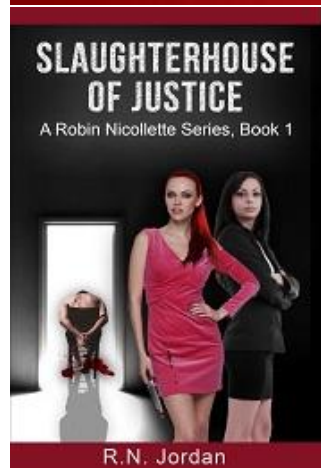
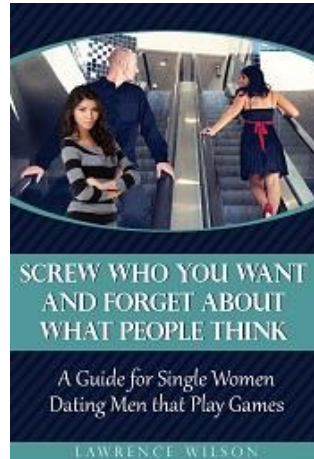
refuse to associate with half of themselves  
because of their racial biases.

Obviously, this guide isn't an exhaustive list to completely prevent racism. However, it is a start and I truly hope that it has put the various forms of racism into a better perspective, thus assisting you with acknowledging your own racial bias and addressing it accordingly.

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